



## ANAPHYLAXIS PACKET

Dear parent,

You are receiving this because you have reported that your student has a diagnosis of ***anaphylaxis***.

We are committed to making sure your student has appropriate care at school, and ask for your help in ensuring we are able to deliver care as the law allows. Please review the enclosed forms and directions below:

### **Anaphylaxis Action Plan**

Any child with anaphylaxis that potentially requires intervention requires a written plan of care for school (ORS 339.866). You may submit an *Anaphylaxis Action Plan* from your own doctor or complete the *Severe Allergic Reaction History* document which will be transferred to an *Anaphylaxis Action Plan* for use at school. Student's without written care plans receive response as per the *Standard Protocol for Severe Allergic Reaction*.

### **Medication Administration**

Additional laws in Oregon (ORS 339.870) require permission in writing from the parent for any medication to be administered at school. This must include the name of the medication, the dose, the route the medication is given and how often it should be given. An *Authorization for Medication Administration* must be completed and signed to meet this requirement for any medications used in conjunction with epinephrine to treat severe allergies. Because epinephrine is an injectable lifesaving medication, a separate *Authorization for Epinephrine Administration* is necessary.

Students who receive antihistamines in addition to epinephrine must have doctor's orders designating the dose and order of medications for a treatment plan. The RN can obtain orders from the physician, if the parents sign an *Authorization to Use and/or Disclose Educational and Protected Health Information* or parents may have their provider fax *Provider's Orders for Anaphylaxis* to the RN directly at the fax number listed below.

If only epinephrine is used and the prescription label is clear on when to administer (such as "upon symptoms of anaphylaxis" or "upon exposure of allergen"-not "as needed" or "as directed"), then no orders are required.

### **Self-Medication**

Students who are capable of administering their own epinephrine per the doctor's direction, may do so at school with a completed *Self-Medication Agreement* as is consistent with Oregon Revised Statutes (339.866). These must be signed by all required parties. Self-Medication may be rescinded if medications are used inappropriately. The *Self-Medication Agreement* must be signed in addition to the *Authorization for Medication Administration*. Students who self-manage do require written plan of care from their doctor as per ORS 339.866. Students who self-administer must be able to recognize symptoms and know when to seek help and how to administer medication and must be responsible to carry their medication.

### **Medications**

Medications must be brought to school by the parents. There is stock epinephrine in each school which will be used as directed under the *Standard Protocol for Severe Allergic Reactions*, which is upon onset of severe allergic symptoms.

Thank you!