

# Exclusion Guidance

To remain consistent with [Oregon Communicable Disease Guidelines](#), and the [Ready Schools, Safe Learners Resiliency Framework](#), the following should be observed related to COVID-19 illness in the school setting.

**Day Zero (0):** Day of onset of symptoms OR day of last exposure.

**Days 1-5:** Isolation period OR Quarantine period.

**Day 6:** Return to School



## When to stay home due to illness:

IF...	THEN...
Your student <b>tests positive for COVID-19</b>	<b>REQUIRED:</b> <ol style="list-style-type: none"> <li>1. Notify school attendance</li> <li>2. Keep student home for <i>5-day isolation period</i></li> </ol>
Your student has <b>primary symptoms</b> of COVID-19 [fever, persistent cough, new loss of taste or smell, shortness of breath]	<b>REQUIRED:</b> <ol style="list-style-type: none"> <li>1. Consider COVID-19 testing.</li> <li>2. Notify school attendance</li> <li>3. Keep student home for <i>5-day isolation period</i></li> </ol>
Your student has <b>non-primary symptoms</b> of COVID-19 [headache, sore throat, stomach pain, congestion, nausea, vomiting, diarrhea, muscle aches, fatigue]	<b>REQUIRED:</b> <ol style="list-style-type: none"> <li>1. Consider COVID-19 testing.</li> <li>2. Notify school attendance</li> <li>3. Keep student home for improving symptoms, including 24 hours fever free without the use of fever reducing medication and free of vomiting and diarrhea for 48 hours.</li> </ol>

## When to stay home due to exposure:

IF...	AND...	THEN...
Your student is a <b>close contact*</b> of a COVID-19 case	<ul style="list-style-type: none"> <li>Your student is not <i>up to date</i> *** on vaccines, or</li> <li>Your student has not had COVID-19 in the past 90-days.</li> </ul>	<b>RECOMMENDED</b> <ol style="list-style-type: none"> <li>1. Remain home for a <i>5-day quarantine period</i>.</li> <li>2. Notify the school attendance secretary that your child will be quarantined.</li> <li>3. Return on day 6 if they are without symptoms and shall consider mask wearing days 6-10</li> <li>4. Continue to monitor for symptoms</li> </ol>
Your student is a <b>household contact**</b> to a confirmed case of COVID-19.		<b>REQUIRED:</b> <ol style="list-style-type: none"> <li>1. Notify school attendance</li> <li>2. Keep student home for <i>5-day quarantine period</i></li> <li>3. Your student may return on day 6 if they are without symptoms and can consider mask wearing days 6-10</li> <li>4. Continue to monitor for symptoms</li> </ol>

\*Close contact is defined as being within 6 feet proximity for 15 or more minutes. \*\* Household contact means: consistently residing with and consistently being exposed to an active case of COVID-19. \*\*\* "Up to date means" that initial series of 2 Moderna or Pfizer COVID-19 vaccines have been administered within the past 5 months, or two doses and booster vaccine have been administered OR the primary series of Johnson & Johnson has been administered in the past two months.