

Major Life Activity Affected: Breathing	
Focus	Accommodation
<p>Severe Allergy</p> <p><input type="checkbox"/> Food</p> <p><input type="checkbox"/> Insect Stings</p> <p><input type="checkbox"/> Latex</p> <p><input type="checkbox"/> Other:</p>	<ul style="list-style-type: none"> • Student should have continuity and provision of allergy management in the school setting. • Students requiring emergency interventions should have an Individual Health Protocol in place. • Unlicensed staff must be trained by a registered nurse in anaphylaxis care as is currently legislated in Oregon. • Medication shall be provided and maintained by parents in the school setting to be available to the student as needed. • Provision of anaphylaxis education shall be provided to staff for general information first aid and who to call and well as potential impact to academics.
<p><input type="checkbox"/> Emergency Medication</p> <p><input type="checkbox"/> Epinephrine</p>	<ul style="list-style-type: none"> • Emergency Medication Procedure should be embedded in an IHP to include specific step relative to the type of emergency intervention. • Delegated Staff should be trained in the individualized response. • Stock epinephrine should be on site • Student’s epinephrine should go with them on outdoor activities and field trips.
Control Measures for Food Allergies	<p>GRADESCHOOL</p> <ul style="list-style-type: none"> • No food use in the classroom (lesson plans, activities, games or manipulatives). Student’s parent will help find alternative materials that are safe, help clean or create manipulatives to ensure they are safe. • Student’s classroom shall remain free from his/her allergens at all times • All food to be eaten in the classroom (including rewards from the teachers) will be checked for an allergen. Non-food rewards should be considered. • The teacher will be advised to read labels to search for allergens in the classroom materials such as peanut oil or “vegetable oil”. • Student’s parent will help research information on allergens in products. • Student’s classrooms will not be accessible to outside groups or agencies; after school activities will not be held in the student’s classroom. • Student’s parents will provide a list of suggestions for foods for special occasions/parties that are USUALLY free student’s allergens to help other parents easily find a variety of choices and help them participate in creating a safe environment for all students. Each labels should be read every time. A handout on label reading will be attached.

	<ul style="list-style-type: none"> • Student will sit at an allergy-friendly table. Students’ food allergens will not be permitted to be eaten at the allergy-friendly table. • Student may invite a friend to sit at the allergy-friendly table. Staff must be sure that the friend has an allergy-free lunch. • The allergy friendly table will not be permitted to be used for any other activities and will be cleaned with commercial cleaners and disposable paper towels. • Ingredient labels will be available for all items (including manufacturer) served in cafeteria. • Kitchen staff will change to new gloves prior to serving student. • Student will be served from warming oven and/or pre-wrapped meals rather than the buffet line to avoid risk of cross contamination. • Allergy-friendly items will be available. • All food to be eaten in the classroom will be checked for allergens. Foods containing allergens will be sent home with the parent that who brought them or eaten in the lunchroom. • All children should wash their hands with soap and water after eating. Note: hand sanitizer does not effectively remove allergens. Baby wipes may be substituted. <p>MIDDLE SCHOOL & HIGH SCHOOL</p> <ul style="list-style-type: none"> • Appropriate commercial wipes should be available to decontaminate work areas (such as desks and keyboard) • A designated allergy free table shall be provided in the cafeteria OR a one student buffer, with non-allergenic foods between student and students with lunches containing allergens. • Ingredient lists for school cafeteria food should be available. • Food sharing shall be discouraged. • Celebrations and classroom projects including food shall not have student’s allergens.
<p>Control Measures for Insect Sting Allergies</p>	<ul style="list-style-type: none"> • Stinging insect hives should be controlled as per district policy • Bright flowering shrubs and plants should not be located near areas students will be outside (i.e. playground, outdoor classrooms) • Eating outside should be avoided when stinging insects are common • Garbage or anything else that may draw insects should not be located near where students are playing or gathering outside • Bee populations should be surveyed prior to outdoor PE requirements • If the population of stinging insects is higher than normal on school grounds, parents should be advised, and as needed student should be provided alternatives to outdoor activities.

504 INFORMATION FOR SEVERE ALLERGIC REACTIONS

	<ul style="list-style-type: none"> • Students should be discouraged in wearing bright colors. • Students should wear shoes at all times outside. • Students should wear long sleeves and long pants. • Student should not wear perfume or perfumed lotions, other students and staff should be encouraged to also be fragrance free.
Control Measures for Latex Allergies	<ul style="list-style-type: none"> • Latex free medical supplies should be used in the school setting, • Latex free art supplies and educational supplies should be used in the school setting, • Latex free gym supplies should be used in the school setting • Latex free science supplies should be used in the school setting. • Latex containing items should be disposed of.
Communication	<ul style="list-style-type: none"> • The nurse shall communicate the diagnosis, first aid steps and procedures to appropriate staff • The nurse shall be notified of any allergic reaction in the school setting • Parents shall be notified allergic reaction in the school setting • Parents should communicate to the nurse changes in health status, allergy management or occurrence of severe allergic reactions. • Parents shall authorize the nurse to communicate with the allergist or physician. • Parent will provide cafeteria manager with a list of safe cafeteria menu items. • Cafeteria manager will notify parent when vendors and/or food labeling change.
Classroom Work	<ul style="list-style-type: none"> • If student has a reaction during a test, he or she will be allowed to take the test at another time without any penalty. • Student shall be given instruction without penalty to help him/her make up any classroom instruction missed due to allergy care. • Student shall not be penalized for absences required for medical appointments and/or for illness related to his/her allergies.
Activity	<ul style="list-style-type: none"> • Activity restriction and allowances should be as MD prescribes. • Alterations of physical activity may need to be accommodated if physical activity is a trigger for reactions. • Student shall be permitted to participate in all school sponsored activities as managing doctor permits. • Student shall be permitted to participate in all field trips with available trained staff, without requirement of parents to chaperone or attend.

Definitions:

Anaphylaxis: An exaggerated response to an allergen that involves multiple areas of the body or the entire body. It is a life-threatening event

Allergen: A protein not normally found in the body that may cause an exaggerated allergic response by the body upon exposure. Examples of allergens include insect venom, food, medication, pollen and others.

Epinephrine injection: Adrenaline injection used along with emergency medical treatment to treat life-threatening allergic reactions caused by insect bites or stings, foods, medications, latex, and other causes. Epinephrine is in a class of medications called alpha- and beta-adrenergic agonists (sympathomimetic agents). It works by relaxing the muscles in the airways and tightening the blood vessels.

References

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